



CPC Family Guide

Empowering Families to Raise Children to their fullest Potential

CPC Partners:

Any Baby Can
 ARC of the Capital Area
 Austin Child Guidance Center
 Austin ISD
 Austin Travis County Integral Care
 ATCIC - Managed Service Organization Provider Network
 Cal Farley's
 Center for Child Protection
 Centers for Children & Families
 Child & Adolescent Psychiatry, UT Austin
 Del Valle ISD
 Department of State Health Services
 Family Members
 Lifeworks
 Manor ISD
 Maximus-TX Health Steps Star/Starplus
 Parent/Youth Community Volunteers
 Pflugerville ISD
 Texas Child Study Center
 Texas Department of Family & Protective Services
 Texas NeuroRehab Center
 The Children's Partnership
 Travis County Health and Human Services & Veterans Service
 Travis County Juvenile Probation Department
 TRIAD Program

What is CPC?

- CPC is a community group that meets with families to create an individualized plan to support the child and family.
- CPC is a partnership between families and the community to support the success of children with complex needs.
- CPC recognizes the essential value of families as partners in supporting children's success.
- CPC acknowledges the parent's expertise and dedication regarding their child's complex needs.

How can CPC partner with my family?

- Create a plan for child and family's success
- Identify available community resources for child and family
- Strengthen child and family's support systems
- Empower child and family to reach their fullest potential

Why do the CPC partners participate in the meeting?

- They want to partner with children and families for success
- They believe that as a community CPC can support a family in creating a plan that will be successful by bringing together the right people with the right resources.
- These members provide ideas and resources, knowledge and expertise, and passion for children and families.

What happens after a referral to CPC?

- Family will receive a call from either a CPC Liaison or the referring agency to:
 - Ask if the family is interested in participating with CPC
 - Gather Information about child and family
 - Answer any questions family may have
 - Discuss next steps
- Complete a Referral Packet
 - Packet completed by family and referring agency
 - Family and referring agency gather documents for referral packet
 - Packet will include information on child and family's history, strengths, challenges, and successes.
- Packet submitted to CPC Liaison
- CPC session is scheduled

What happens at a CPC Session?

- Parent attends Session
- If desired parent brings support person (s)
- Each family meets with the group for 35 minutes
- Parent and/or agency representative briefly tells about the child and family's strengths, current challenges, successes, and needs
- At the session the parent and the group will create a CPC plan for the child and family
 - CPC members may ask questions
 - CPC members will share information
 - Resources will be identified
- The CPC plan will be developed and written to include tasks, resources and the persons responsible for each task
- A CPC partner is identified to work with the family regarding their plan
- After the session, the parent will receive a copy of the CPC plan and it will be reviewed by a CPC member
- Supports available at session are:
 - Child/Family's referring agency partner
 - CPC members
 - Family partners of CPC
- If family is more than 15 minutes late to their CPC session, the session will need to be rescheduled.
- If a family does not attend a scheduled CPC session, they are eligible to be rescheduled by their agency one more time. After the second missed session only the family can contact CPC to schedule attendance at a session. The contact person for this would be Susie Kirk at 512-854-4868.

Mandatory Reporting of Abuse/Neglect

- Parent should be aware that if any Abuse or Neglect disclosures occur at the session it will be reported to CPS
- If there is a reportable disclosure during the session a CPS representative will take the lead on informing the Family regarding the referral process.

Next Steps with CPC

- CPC plan will be reviewed with the family immediately following the CPC session
- Family will be asked to participate in a survey evaluating CPC
- Family, the CPC partner, and others will put the plan into action
- Family and/or the CPC partner can request further consultation by contacting the CPC Liaison.

Contact Person(s):

Referring Agency Staff: _____ Phone: _____

CPC Liaison: _____ Phone: _____