

PROGRAM PHILOSOPHY

It is the philosophy of the SMART Program that individuals benefit from receiving residential treatment in a corrections setting. The chances for success are increased when residential treatment is followed by an intensive community-based Continuing Care component in order to maintain recovery.

QUOTES FROM FORMER RESIDENTS

“SMART Residential and Continuing Care has benefited me by providing me with the education to understand my addiction. I can handle situations that may occur which could cause me to relapse.”

“SMART has given me a chance to change my life. It has also given me the chance to get a lot of problems out that bother me and to let me get to know myself better.”

“SMART has given me a second chance at life and to actually see what my disease addiction was and/or has done to me so I thank SMART.”

“SMART is a great place to start a new beginning and change your life around.”

“I walked in the door dejected and angry. I walked out of the door SMARTer and calm. SMART saved my life.”

“The SMART Program has given me another chance to turn my life around. I learned a lot of tools to help me stay clean and sober.”

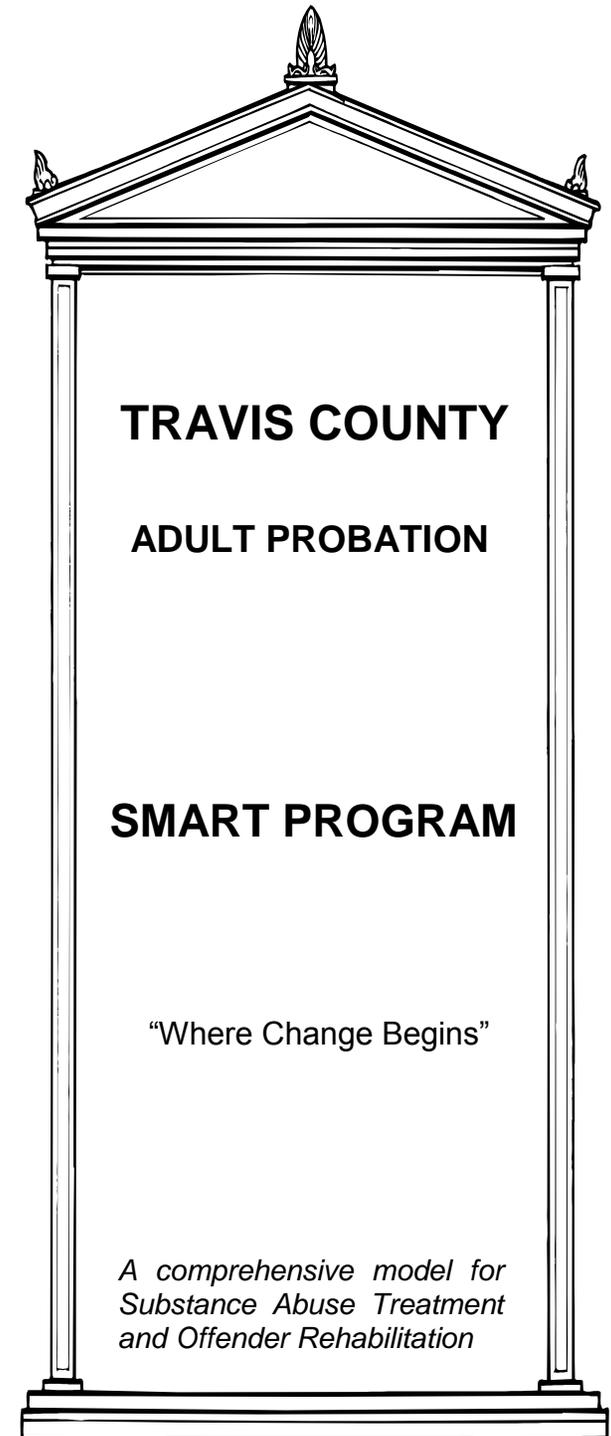
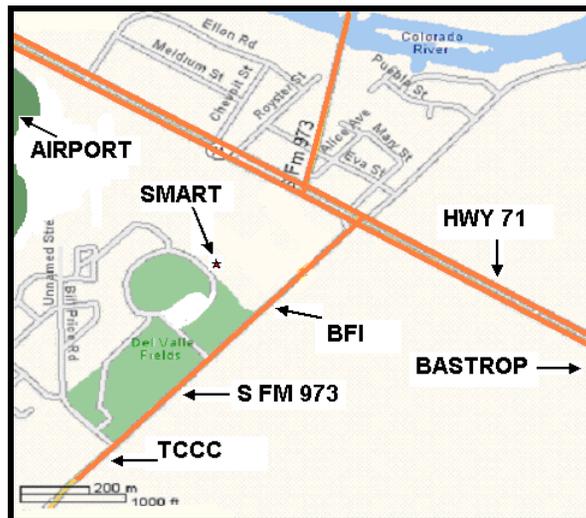
“SMART has given me the power of choice in my life and for that I'm truly grateful.”

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SMART Program
3404 South FM 973
Del Valle, Texas 78617

(512) 854-3150

Fax: (512) 247-5567



SMART PROGRAM MISSION

Using a team approach, the SMART Treatment Program promotes substance use recovery by educating, inspiring and empowering probationers and their families toward positive change and pro-social behavior leading to a better and safer community.

RECOVERY GOALS

- ★ Reduce recidivism.
- ★ Reduce the cost of alcohol and other drug abuse to the community and assist in providing safer communities.
- ★ Provide offenders with the skills necessary to begin recovery and maintain an alcohol and drug-free lifestyle.
- ★ Create a cognitive shift that promotes pro-social attitudes, beliefs and behavior.
- ★ Provide offenders with the skills necessary to become gainfully employed.
- ★ Assist families in understanding and supporting offenders in recovery.

PROGRAM DESCRIPTION

SMART is a community corrections-based substance abuse treatment and offender rehabilitation program for adult males and females. Residential and Continuing Care services are offered. It is a specialized treatment program designed to meet the needs of offenders.

It is operated by Travis County Adult Probation Department and funded by the Texas Department of Criminal Justice – Community Justice Assistance Division.

ADMISSION CRITERIA

Eligible for Admission

- ★ Offenders must be screened for eligibility prior to admission.
- ★ There must be a court order for participation.
- ★ High and medium risk offenders can be accepted.
- ★ Offenders must have an advanced alcohol or other substance abuse problem, regardless of whether there is any previous history of treatment.
- ★ Intellectual functioning must be at a level where the offender is able to comprehend and participate in program activities.
- ★ Offenders who are on probation for or have a history of family violence will be eligible on a case-by-case basis.
- ★ Offenders with co-occurring disorders or have other substantial mental health issues are acceptable if stabilized on non-narcotic medication, and psychiatric is not the primary need.
- ★ Offenders must not have serious medical or physical problems that would require ongoing medical treatment (i.e. physical therapy) off-site that would limit their ability to participate in program activities.

Ineligible for Admission

- ★ Offenders who have medical, physical and/or psychiatric issues who are not stabilized on non-narcotic medications.
- ★ Offenders with Title V offenses currently or in their history with the exception of family violence.
- ★ Offenders who have exhibited a propensity for violence/assaultive behavior.
- ★ Offenders diagnosed with a severe level of psychopathy.
- ★ Offenders who are pregnant.

Fees

- ★ The SMART treatment fee is \$1400.00.

Please note that due to confidentiality laws information regarding a client will not be released unless the client has signed a release for disclosure of such information.

RESIDENTIAL & CONTINUING CARE SERVICES

Four treatment levels are provided in the Residential phase which consists of:

- ★ In-depth Diagnostic Assessment
- ★ Minimum of 20 Week Residential Program
- ★ Cognitive Group Counseling / Education Services
- ★ Family Program
- ★ On-site Recovery Support Meetings
- ★ Voluntary Religious Services
- ★ Experiential Outings
- ★ Community Service Restitution
- ★ Voluntary GED Program
- ★ Collaboration with Goodwill Job Source Program
- ★ Exterior Movements Prior to Discharge for Re-integration Purposes
- ★ Specialized Groups to meet individualized needs (i.e. parenting, anger management, relapse prevention, etc.)
- ★ Specialized Recovery Track for individuals with co-occurring disorders

After completion of the Residential phase, clients are placed in the Continuing Care phase of the program which consists of:

- ★ Weekly, 3 Hour Group sessions for a minimum of 6 Months
- ★ Individual Sessions Monthly with Counselor and Probation Officer
- ★ Participation in a Re-Entry Problem-Solving Court
- ★ Participation in Recovery Activities
- ★ Referral to Community Resources