

## SW Community Emergency Response Team

A joint effort by Travis County [Commissioner Ann Howard](#), [Austin City Council member Paige Ellis](#),  
and leaders in your community

# The First 72 Are Up to You!

## Plan and Prepare Now For an Emergency

- Register your mobile phone numbers today at [warncentraltexas.org](http://warncentraltexas.org) to receive official emergency notifications
- Prepare your home and family for “the first 72” hours of an emergency
- Build a basic Disaster Supplies Kit
- Buy and store enough safe drinking water and non-perishable food now to ensure a three day supply for each person in your household
- Make a Sheltering Plan: this can mean staying at home, going to a mass sheltering location, or to another known safe location
- Learn how to shut off the utilities where you live, including water, electricity, and gas.
- Learn now what to do if you don’t have water to flush your toilets

## Get to Know Your Neighbors

- Establish a check-in plan with your most vulnerable neighbors
- Know who you can call for information or assistance
- Neighbors helping neighbors enhances community resilience

**Go to: [readycentraltexas.org](http://readycentraltexas.org) for more guidance**

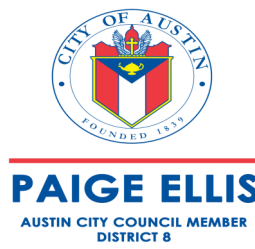
Download the “Ready Central Tx” App

# Basic Disaster Supply List

- ◆ Drinking water, a minimum of 1 gallon per person per day for at least 3 days
- ◆ Store extra water for hygiene and sanitation
- ◆ Store canned foods, dry mixes and other staples that do not require refrigeration, cooking, water or special preparation
- ◆ Manual can opener, disposable plates and utensils
- ◆ Flashlights & lanterns with extra batteries
- ◆ First Aid Kit
- ◆ Hand crank or battery powered radio
- ◆ Cell phone with charger and backup battery
- ◆ Portable charger/power pack for mobile devices
- ◆ Extra batteries in all sizes ; Matches or portable lighter
- ◆ Whistle (to signal for help)
- ◆ N95/KN95 masks (to filter contaminated air)
- ◆ Plastic sheeting & duct tape (to shelter in place)
- ◆ Cleansing towelettes, dry shampoo, mouthwash
- ◆ Heavy duty garbage bags, kitty litter, & plastic ties (for personal sanitation)
- ◆ Wrench or pliers (to turn off utilities)
- ◆ Local maps
- ◆ Layers of warm clothing for each family member

## Preparation Tips

- Check-in with neighbors to see how you can help each other.
- Keep cash on hand in case power outages cause ATMs/ credit card machines not to work
- Plan to take games, toys, and snacks to keep children busy.
- Snap pictures of your property & make an inventory for insurance purposes.
- Copy important documents like birth certificates & social security cards and store originals in a fireproof safe or safety deposit box
- Fill prescription medications in advance
- If you rely on public transportation, contact your local emergency management agency about evacuation procedures before a storm.
- Make a list of the things you would need to take with you if you must leave your home quickly. Get this go-bag ready.
- Prepare your car for winter: fill your gas tank to help avoid ice in the fuel lines & keep an emergency kit in your car.
- Don't forget to include pets, pipes & plants in your plans.



After an emergency, you may need to survive on your own for several days.



Being prepared means having your own **food, water,** and other **supplies** to last for at least **72 hours**. Most of the items recommended for a disaster supply kit are inexpensive and easy to find, and any one of them could **save your life**.