The First 72 Are Up to You!

Plan and Prepare Now For an Emergency

- Register your mobile phone numbers today at warncentraltexas.org to receive official emergency notifications
- Prepare your home and family for “the first 72” hours of an emergency
- Build a basic Disaster Supplies Kit
- Buy and store enough safe drinking water and non-perishable food now to ensure a three day supply for each person in your household
- Make a Sheltering Plan: this can mean staying at home, going to a mass sheltering location, or to another known safe location
- Learn how to shut off the utilities where you live, including water, electricity, and gas.
- Learn now what to do if you don’t have water to flush your toilets

Get to Know Your Neighbors

- Establish a check-in plan with your most vulnerable neighbors
- Know who you can call for information or assistance
- Neighbors helping neighbors enhances community resilience

Go to: readycentraltexas.org for more guidance

Download the “Ready Central Tx” App
**Basic Disaster Supply List**

- Drinking water, a minimum of 1 gallon per person per day for at least 3 days
- Store extra water for hygiene and sanitation
- Store canned foods, dry mixes and other staples that do not require refrigeration, cooking, water or special preparation
- Manual can opener, disposable plates and utensils
- Flashlights & lanterns with extra batteries
- First Aid Kit
- Hand crank or battery powered radio
- Cell phone with charger and backup battery
- Portable charger/power pack for mobile devices
- Extra batteries in all sizes; Matches or portable lighter
- Whistle (to signal for help)
- N95/KN95 masks (to filter contaminated air)
- Plastic sheeting & duct tape (to shelter in place)
- Cleansing towelettes, dry shampoo, mouthwash
- Heavy duty garbage bags, kitty litter, & plastic ties (for personal sanitation)
- Wrench or pliers (to turn off utilities)
- Local maps
- Layers of warm clothing for each family member

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**Preparation Tips**

- Check-in with neighbors to see how you can help each other.
- Keep cash on hand in case power outages cause ATMs/credit card machines not to work
- Plan to take games, toys, and snacks to keep children busy.
- Snap pictures of your property & make an inventory for insurance purposes.
- Copy important documents like birth certificates & social security cards and store originals in a fireproof safe or safety deposit box
- Fill prescription medications in advance
- If you rely on public transportation, contact your local emergency management agency about evacuation procedures before a storm.
- Make a list of the things you would need to take with you if you must leave your home quickly. Get this go-bag ready.
- Prepare your car for winter: fill your gas tank to help avoid ice in the fuel lines & keep an emergency kit in your car.
- Don’t forget to include pets, pipes & plants in your plans.

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**After an emergency, you may need to survive on your own for several days.**

Being prepared means having your own food, water, and other supplies to last for at least 72 hours. Most of the items recommended for a disaster supply kit are inexpensive and easy to find, and any one of them could save your life.